

FocusFlow

Privacy Policy

Effective date: June 21, 2026

Overview

FocusFlow is a Chrome browser extension designed to help you stay focused by blocking distracting websites until your tasks are complete. This Privacy Policy explains what data FocusFlow does and does not collect, and how your information is handled.

Data We Collect

FocusFlow does not collect, transmit, or share any personal data. The extension stores the following information exclusively in your browser's local storage using the Chrome Storage API:

- Your task list (task names and completion status)
- Your list of blocked websites
- The date of your last daily reset

This data never leaves your device. It is not sent to any server, third party, or analytics service.

Data We Do Not Collect

FocusFlow does not collect:

- Personally identifiable information (name, email, address, etc.)
- Browsing history or web activity
- Location data
- Financial or payment information
- Authentication credentials
- Any information from the websites you visit

Permissions Explained

FocusFlow requests the following Chrome permissions, each used solely to provide the extension's core functionality:

declarativeNetRequest — Blocks the websites you choose until your tasks are complete. No browsing data is read or recorded in this process.

storage — Saves your tasks and blocked site list locally in your browser only.

alarms — Resets recurring tasks automatically at the start of each new day.

tabs — Detects navigation to blocked sites so the blocking page can be shown.

host permissions (<all_urls>) — Required for declarativeNetRequest to apply your blocking rules across the websites you specify.

Third Parties

FocusFlow does not integrate with, share data with, or send data to any third-party service, analytics platform, or advertising network. No remote code is executed by the extension. All functionality runs locally within your browser.

Data Retention and Deletion

Your data is stored only in your browser's local storage and remains there until you remove it. You can clear all FocusFlow data at any time by using the 'Reset Everything' button in the extension, or by uninstalling the extension from Chrome. Uninstalling removes all locally stored data.

Children's Privacy

FocusFlow does not knowingly collect any data from anyone, including children under the age of 13. As the extension collects no personal data at all, it presents no special risk to children's privacy.

Changes to This Policy

If this Privacy Policy is updated, the new version will be published at the same URL with a revised effective date. Continued use of the extension after any changes constitutes acceptance of the updated policy.

Contact

If you have any questions about this Privacy Policy or FocusFlow's data practices, please reach out via the Chrome Web Store support page for the extension.